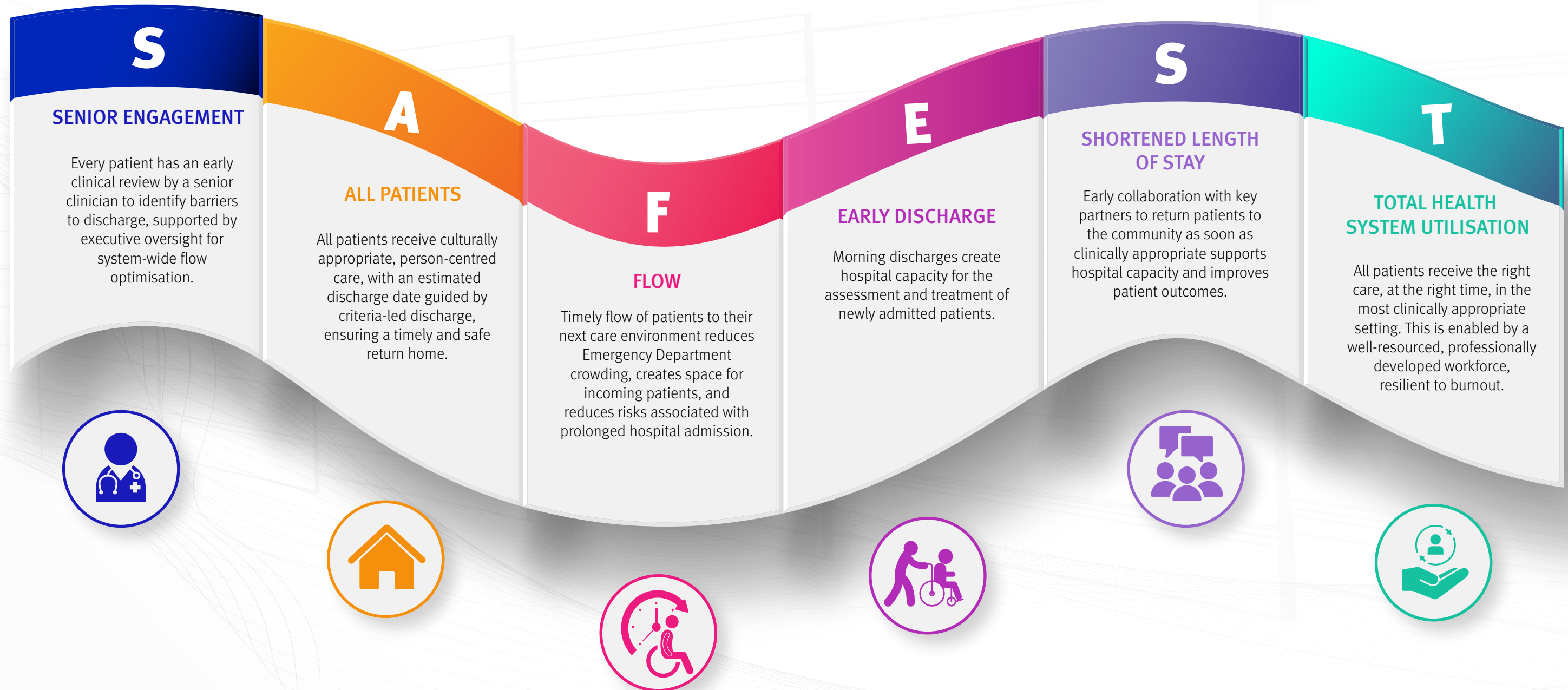# The **SAFEST** Patient Journey Home Framework

The SAFEST Patient Journey Home Framework is a patient flow bundle blending six evidence-based principles to improve access to care, reduce delays and length of stay, and most importantly; achieve better patient outcomes.

S
SENIOR ENGAGEMENT
Every patient has an early clinical review by a senior clinician to identify barriers to discharge, supported by executive oversight for system-wide flow optimisation.

A
ALL PATIENTS
All patients receive culturally appropriate, person-centred care, with an estimated discharge date guided by criteria-led discharge, ensuring a timely and safe return home.

F
FLOW
Timely flow of patients to their next care environment reduces Emergency Department crowding, creates space for incoming patients, and reduces risks associated with prolonged hospital admission.

E
EARLY DISCHARGE
Morning discharges create hospital capacity for the assessment and treatment of newly admitted patients.

S
SHORTENED LENGTH OF STAY
Early collaboration with key partners to return patients to the community as soon as clinically appropriate supports hospital capacity and improves patient outcomes.

T
TOTAL HEALTH SYSTEM UTILISATION
All patients receive the right care, at the right time, in the most clinically appropriate setting. This is enabled by a well-resourced, professionally developed workforce, resilient to burnout.

The **SAFEST Patient Journey Home** Framework has been adapted from the SAFER Patient Flow Bundle, developed by the National Health Service, with permission.