

# In-reach Rehabilitation Toolkit

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Delivering a co-designed, evidence-informed toolkit to support consistent, effective in-reach rehabilitation across Queensland Health acute settings.

Early rehabilitation improves patient outcomes and flow, supports functional recovery and discharge planning, and reduces risks associated with prolonged hospital stays.

Strong evidence supports in-reach rehabilitation models, which are already established in 4 hospitals in Queensland and several interstate services, demonstrating their effectiveness and growing adoption.

## Methodology

- Expert consultation was undertaken via a multidisciplinary clinical advisory group, using co-design elements to integrate clinical, operational, and consumer perspectives.
- Iterative development informed by real-world practice, with future evaluation supporting ongoing refinement through targeted surveys and usage analytics.
- The NSW Rehabilitation Model of Care in-reach care setting was adapted for Queensland's local context and service delivery environment.

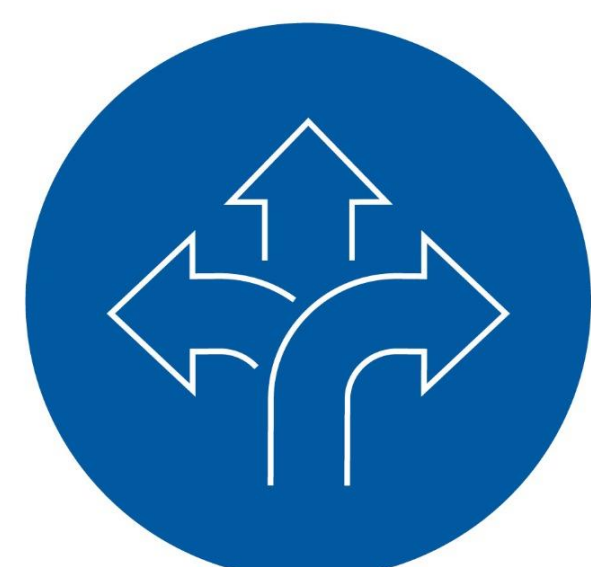
## Objectives



Evidence-informed tools and templates



Equitable access



Flexible in-reach to acute wards



Workforce capability

## Scan QR code to visit

[www.health.qld.gov.au/clinical-practice/guidelines-procedures/clinical-resources/rehabilitation-resources-for-health-professionals](http://www.health.qld.gov.au/clinical-practice/guidelines-procedures/clinical-resources/rehabilitation-resources-for-health-professionals)



## Conclusion

The in-reach rehabilitation toolkit promotes consistent care while enabling local flexibility, with clear benefits for patient flow, recovery outcomes, and workforce capability. It has strong potential for scale across acute care settings and broader in-reach models. These findings will inform the future Queensland Rehabilitation Model of Care, ensuring alignment with evidence and system needs.

## References

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