

Healthy Ageing Assessment and Rehabilitation Team (HAART)

HAART

THE OF CLIENT CARE



SITUATION

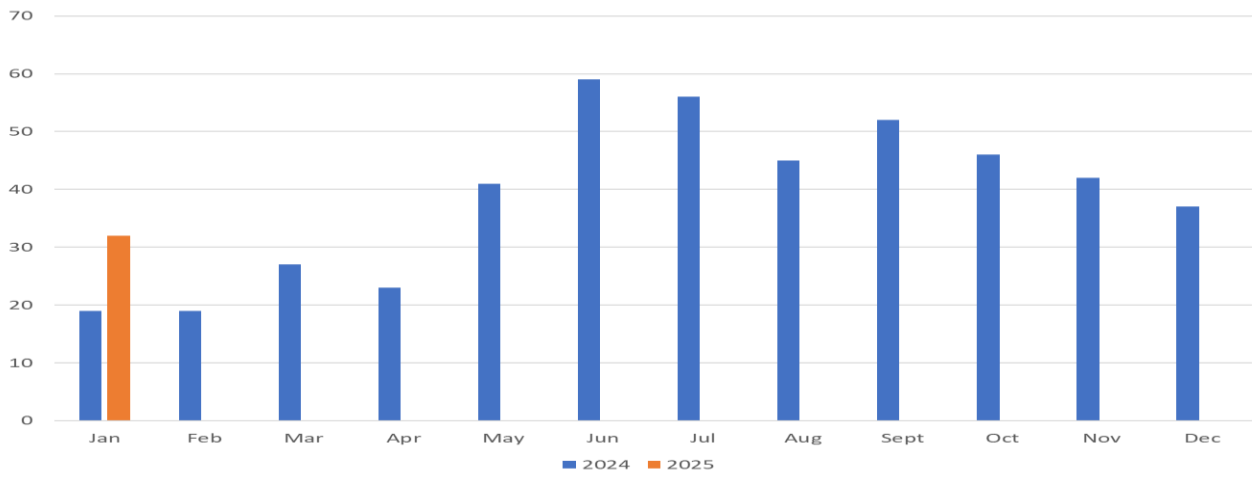
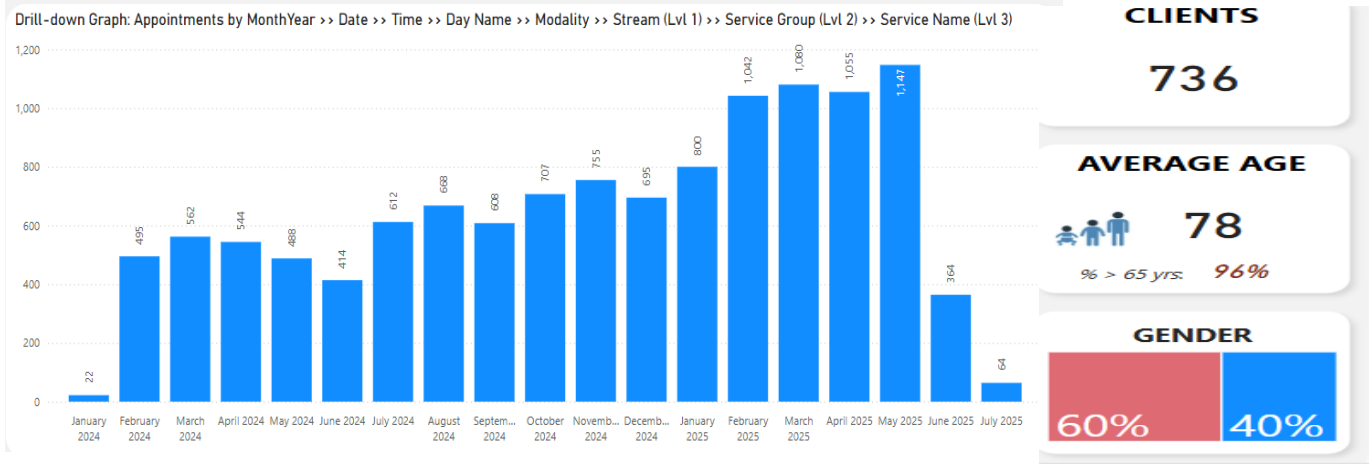
- Growth of the ageing population, including uneven spread of socio-economic disadvantage and chronic disease = significant challenge to the Kallangur Satellite Health Centre catchment
- Need for responsiveness to the older persons health and social needs, the ongoing reliance on inpatient hospital systems and service providers
- Key drivers of service include hospital avoidance, responsiveness and keeping services close to home

ACTION

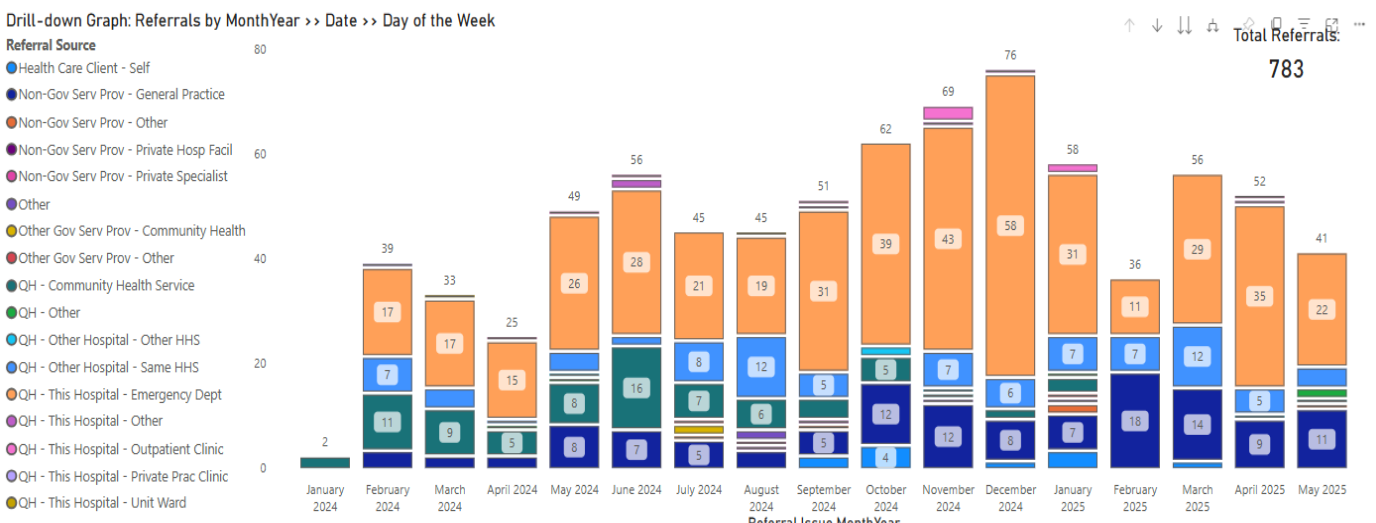
- The HAART and Rapid OT service commenced December 2023
- Service goal is to provide rapid geriatric assessment, care planning, reconditioning and rehabilitation to support older adults to live independently in the community
- HAART and Rapid OT established to provide an alternative pathway for geriatric patients residing in or around Kallangur, providing rapid access assessment, intervention services; supporting hospital ED avoidance and providing alternative referral pathway for GP's to access holistic MDT service

OUTCOME

- **736** HAART / Rapid OT clients since commencement of service (Figure 1)
- **505** Rapid OT consults from MIIU Dec 2023 to Jan 2025 (Figure 2)
- Since opening, **4%** of clients have identified as Aboriginal and/or Torres Strait Islander with a high of **7% in March 2025**. In part because of the close working relationship with the onsite First Nations Hub
- Referrals received from a range of different providers including MNHHS, GP's, PHN (Figure 3)



Rapid OT MIIU Consultations



Where to from here...

- Client cohort is complex and requires coordinated MDT assessment and intervention to provide holistic, patient centred care
- HAART continues to grow with constant flow of referrals from GP's, RACC, other MNHHS clinicians, as well as Rapid OT MIIU role
- Current service improvements include post 1 year service evaluation, funded research project for an innovative functional group, exploration of cognitive and carers groups as well as the commencement of Bribie Island SHC HAART
- Additionally, further exploration of research opportunities and KT to continue EBP, as well as onward referral considerations and future planning.
- Current limitations in onward service referral being experienced (e.g., MAC service availability) and this would benefit in further exploration as to what this means for clients when finishing with HAART and analysing the longer-term outcomes for clients

Client 1 – Rapid OT

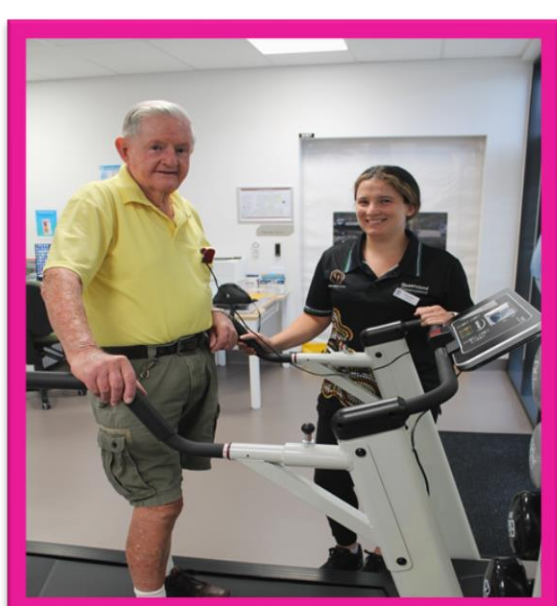
S// 70yo M presented to MIIU for left foot pain

B// Fall in garden over week ago, significantly impacting ADL's and home access becoming increasingly difficult. Dx fractured 5th metatarsal – NWB, moon boot and crutches

A// Rapid OT home visit completed next day

- Home safety and equipment prescription for safety and adherence to NWB

R// Client feedback: "There are so many things where you need to make an appointment, call around, get a referral or wait for someone but the fact you walked up to me and offered all this help is great. You've changed my life in less than 25 hours, and we can't thank you enough"



References

Pine Rivers Satellite Health Facility Health Service Plan V3.0
Community Activity Dashboard Power BI
Discern Reporting Portal

Authors: Emma Glenn (Occupational Therapist), Leanne Carroll (Occupational Therapist and Team Leader), Pascale Goldberg (Physiotherapist), Luke Sutton (Occupational Therapist)

Acknowledgements: The entire present and past HAART Team Members, Maddison Goodwin (A/DOT)